

**PRIME TIME PLUS  
BOOK SERIES**

**SERIES 1—Food for Thought**

**SESSION 1**—Cleverness/Harvesting Delicious Vegetables  
*Tops and Bottoms* by Janet Stevens

**SESSION 2**—Responsibility/Working Together to Make Bread  
*The Little Red Hen* by Paul Galdone

**SESSION 3**—Patience/Faith in Gardening  
*The Carrot Seed* by Ruth Krauss

**SESSION 4**—Discovery/Finding Balance in Your Diet -Sometimes vs. Anytime Foods  
*Gregory the Terrible Eater* by Mitchell Sharmat

**SESSION 5**—Trickery/How to Make Healthy Food Taste Good  
*Heckedy Peg* by Audrey Wood

**SESSION 6**—Curiosity/Why Berries Are Healthy  
*Blueberries for Sal* by Robert McCloskey

**SERIES 2—Food Journeys**

**SESSION 1**— Change/Trying New Foods  
*Bread and Jam for Frances* by Russell Hoban

**SESSION 2**— Social Justice/Understanding the Role of Animals in Our Diet  
*Click Clack Moo* by Doreen Cronin

**SESSION 3**— Encountering the Other/Trying Bold Colorful Natural Food  
*Growing Colors* by Bruce McMillan

**SESSION 4**— Tradition/Family Meal Time  
*Chicken Sunday* by Patricia Polacco

**SESSION 5**— Courage/Taking Fear Out of Vegetables  
*Herb the Vegetarian Dragon* by Jules Bass

**SESSION 6**— Ingenuity/Celebrating Farmers  
*To Market to Market* by Anne Miranda